

Mixed Martial Arts Summary

Brock University

We started Fitness Kickboxing last year, and are also doing a self-defense course at Brock this year. We haven't gone as far as MMA or jiu jitsu. All of our instructors who teach Fitness Kickboxing have been certified by Fitness Kickboxing Canada to instruct - they also have current 1st Aid/CPR, and Personal Training certifications. Our Self-Defense instructor is not a Brock staff member but he is current in 1st Aid/CPR and current instructs MMA and and local self-defense program.

Nope - the self defense is exactly that...self defense - how to deal with situations that may arise and how to defend...not intended to inflict injury. It is a controlled setting where participants will learn movements in a slow and instructional manner.. It's not martial arts at all (I can provide you with more detail on the program/instructors if you would like). I would not put MMA in either - too fearful of major injuries. But or Fitness Kickboxing is a cooperative class with controlled drills - not an attack/defense class. Let me know if you have questions on either of our prgms!

Laurentian University

We do kendo and judo as "clubs" only None of the others though

University of Toronto

Yes, we have a club that practices this sport on campus and due to a change in the use of space at another facility, they came calling. We vetted them and they seemed quite understanding of our concerns, well organized, qualified leadership, equipped to deal with injuries, etc. We let them rent space here for a term or two and monitored their activities. We already have several combative sports (kendo, karate) here but maintain them as clubs where we have full control over their activities, so were uncomfortable about adding another.

Luckily we didn't have to make a potentially politically unpopular decision as to whether we would continue hosting them after the trial period. Our wrestling club decided to move to another location and they took their mats with them, so we no longer had an appropriate space to host this activity. We totally understand your concerns. How much risk is too much risk is the decision you have to arrive at.

University of New Brunswick

I have received a few requests as well. For now, none of the requests have met my requirements, which are very similar to what you have stated. Due to the liability risk and the absence of a formal instructor program only traditional martial arts are really accepted. Traditional arts are instructed by a black belt, usually members of a national governing body with additional insurance and can demonstrate that the contact is safe and controlled.

Once the requests can demonstrate these components and MMA becomes more formalized, I am sure the requests will be approved but until then the risk is too great.

University of Regina

At the U of Regina there really has not been any expressed interest. However, as the interest in the sport continues to grow I would not rule out the possibility. I would also be very hesitant for many of the same things you have identified. My challenge.....many of the clubs are recognized by our Students' Union and I am quite sure that they would be ignorant to some of these issues. I guess that is an internal process that we need to work out.

However, Contact Chris Dawe at Mount Royal University in Calgary. If I can recall he has had to deal with these requests.

Windsor University

We offer only instructional martial arts. Contact only with pads. Due to risk we do not organize martial arts clubs.

Mount Royal

We have an MMA club that's all about training and conditioning for the sport. We don't allow "striking or blows" during any of their club activities and no competitions. Not sure if it will be effective, but that's where we're drawing the line at this point.